

## Across the Board Lunch Menu

Available until 5pm

### WEEKLY LUNCH SPECIAL FOR ONLY \$10

ask your server for details

#### Soups and Salads

*Add chicken breast or braised tofu to your salad 5. Add garlic toast 1.50*

- Soup of the day** 7  
Soup made with love, served with a toasted rosemary focaccia
- Vietnamese Salad Rolls**  8.5  
Two rice paper wraps filled with rice vermicelli, pickled vegetables, cucumber, cilantro, walnut vinaigrette, sunflower and sesame seeds. *Add braised pork 3*
- Caesar Salad**  12  
Romaine, Manitoba bacon, house Caesar dressing, topped with croutons and Parmesan
- Splendor Salad**  12  
Romaine blend, red peppers, cucumbers and red onion all tossed with house-made walnut vinaigrette and garnished with toasted walnuts, dried cranberries and feta cheese
- Strawberry Kale and Almond Salad with Chevre**  14  
A summer style salad with kale tossed in balsamic vinaigrette, topped with fresh sliced strawberries, spicy toasted slivered almonds, and fresh crumbled chevre
- King of Tokyo Noodle Bowl**  14  
Rice vermicelli, braised Manitoba pork, miso broth, sautéed vegetables and sesame seeds, topped with Sriracha hot sauce and a fresh herb salad
- Soup, Salad & Bread** 11  
Soup of the day with your choice of side salad, served with a toasted rosemary focaccia  
*Add chicken breast or braised tofu 5*

#### Burgers and Sandwiches

*Comes with your **choice** of side soup, or baked potato wedges  
substitute side Caesar or Splendor Salad 2.5 or Strawberry kale 3.5*

- Board Game Club** 14  
Roasted chicken, bacon, tomato, sautéed onions, iceberg lettuce, grated Bothwell cheddar, and honey dill mayo
- Banh Mi** 14  
Braised Manitoba pork, Sriracha mayo, pickled vegetables, cucumbers, cilantro and sesame seeds
- Chicken Caesar Wrap** 13.5  
Romaine, House Caesar dressing, bacon, chicken and parmesan
- Vegetable & Hummus Wrap (Vegan)** 13.5  
House-made roasted garlic hummus, bell pepper, sautéed mushrooms, roma tomatoes, red onion, cucumber and fresh greens in a flour tortilla
- The Classic Burger** 14  
A hearty 6 oz house-made burger patty, mustard mayo, sautéed mushrooms, dill pickles, tomato, iceberg lettuce, and cheddar cheese. *Add bacon 3 Add over hard egg 2*
- Grilled Cheese** 10  
Sharp cheddar cheese, sandwiched between sourdough rye bread with garlic butter  
*Add chicken or bacon 3 Add burger patty 5*
- Portabella Burger** 14  
Portabella mushroom cap, garlic butter, dijon mayo, romaine, pickled onions, cucumbers, and cheddar  
*Add burger patty 5*
- Quesadillas** 12  
Mozzarella, salsa fresca and your **choice of Buffalo chicken, BBQ Pulled Pork or spicy tofu**  
served with sour cream

 *Can be made Gluten friendly*

## Snacks

<b>The Dice Bowl</b>	<b>10</b>
Popcorn + Pretzels, Goldfish, Ritz, Smarties, Gummy Worms, Cheerios	
<b>Popcorn</b> 🌾	<b>5</b>
White Cheddar, Dill Pickle, Cinnamon Sugar, or Butter Salt	
<b>Hummus &amp; Fresh Veggies</b> 🌱	<b>14</b>
House-made roasted garlic hummus with an assortment of fresh cut vegetables	
<b>Salsa &amp; Chips</b> 🌱	<b>12</b>
A bowl of our house-made salsa fresca, served with tortilla chips	
<b>Edamame</b> 🌱	<b>7</b>
Served hot, seasoned and tossed with coarse salt and black pepper.	

## Hot Drinks

<b>Coffee</b>	<b>3.25</b>
Locally roasted organic fair trade coffee from Black Pearl	

### Espresso Drinks

with whole, soy or almond milk

<b>Espresso</b> single 2 / double	<b>3.25</b>
<b>Americano</b> (double shot)	<b>3.25</b>
<b>Cappuccino</b> (double shot)	<b>3.75</b>
<b>Café Latté</b> (double shot)	<b>3.9</b>
<b>Café Mocha</b> (double shot)	<b>4.5</b>
<b>Coffee Flavour Shots</b>	<b>0.6</b>
ask your server for flavour options	

<b>Tea</b>	<b>3.25</b>
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from *The Amsterdam Tea Room*

**Assam Black** - fair trade black tea

**Earl Grey**: Sri Lankan black tea, cornflower petals, bergamot

**Masala Chai**: black tea, ginger, coriander, cardamom, cinnamon, cloves, pepper, rose petals, jasmine

**Pacific North West** (c/f): organic spearmint and peppermint blend

**Serenity** (c/f): chamomile, rooibos, lemon balm, linden flowers, anise, cinnamon, oat straw, passion flower, orange peel

**Respect Your Elders** (c/f): hibiscus, elderberries, currants, raisins, rosehips

**Chunmee Special Grade 1**: luxury green tea from jiangxi province, china

<b>London Fog</b>	<b>3.9</b>
<b>Chai Latte</b>	<b>3.9</b>
<b>Hot Chocolate</b>	<b>3.9</b>

## Cold Drinks

### Fountain Drinks *No Free Refills*

Coca-Cola, Diet Coke, Sprite, Canada Dry, Nestea Iced Tea	
10 oz Glass	<b>1.75</b>
60 oz Pitcher	<b>9</b>

### Smoothies

<b>Monopoly Smoothie</b>	<b>7</b>
strawberries, banana, almond milk, orange juice	
<b>Purple Haze Smoothie</b>	<b>7</b>
blueberries, banana, almond milk, cranberry juice and a pinch of cinnamon	
<b>Juice</b>	<b>3</b>
orange, cranberry cocktail	
<b>Lemonade</b>	<b>2</b>
<b>Milk</b>	Small <b>2</b> Large <b>3</b>
whole, chocolate	

*Here to play games? For \$6 each you can play as much as you want for the duration of your stay. Let us know if you'd like a hand finding something fun!*

Allergy Statement: Menu items may contain or have come into contact with wheat/gluten, milk, eggs, peanuts, tree nuts, fish, shellfish and soy. Our gluten-friendly menu items are prepared with the utmost care for allergies. However, they are prepared in the same facility and ovens as our other menu items, and as such we cannot guarantee they are 100% gluten-free, as there is always a small risk of cross contamination within the kitchen. Ask your server for more information if you have any concerns.