

COFFEE AND TEA

COFFEE 3

OUR COFFEE IS LOCALLY ROASTED ORGANIC FAIR TRADE COFFEE FROM BLACK PEARL

ESPRESSO DRINKS

with whole, soy or almond milk

ESPRESSO single **2** / double **3**

AMERICANO (double shot) **3**

CAPPUCCINO (double shot) **3.5**

CAFÉ LATTÉ (double shot) **3.5**

CAFÉ MOCHA (double shot) **4**

Coffee Flavour Shots **0.5**

ask your server for flavour options

TEA 3

OUR TEA IS FROM THE AMSTERDAM TEA ROOM

ASSAM BLACK: fair trade black tea

EARL GREY: Sri Lankan black tea, cornflower petals, bergamot

MASALA CHAI: black tea, ginger, coriander, cardamom, cinnamon, cloves, pepper, rose petals, jasmine

PACIFIC NORTH WEST: (c/f) organic spearmint and peppermint blend

SERENITY: chamomile, rooibos, lemon balm, linden flowers, anise, cinnamon, oat straw, passion flower, orange peel

RESPECT YOUR ELDERS: (c/f) hibiscus, elderberries, currants, raisins, rosehips

CHUNMEE SPECIAL GRADE 1: luxury green tea from jiangxi province, china

LONDON FOG 3.75

CHAI LATTE 3.75

HOT CHOCOLATE 3.75

COLD DRINKS

FOUNTAIN DRINKS

Sorry, no free refills

Coca-Cola, Diet Coke, Sprite, Canada Dry, Nestea Iced Tea

10 oz Glass **1.75**

60 oz Pitcher **9**

JUICE 3

orange, cranberry cocktail

Minute Maid Lemonade **2**

SMOOTHIES

MONOPOLY SMOOTHIE 6

strawberries, banana, almond milk, orange juice

PURPLE HAZE SMOOTHIE 6

blueberries, banana, almond milk, cranberry juice and a pinch of cinnamon

MILK

WHOLE, CHOCOLATE

Small **2** Large **3**



MENU

WANT TO PLAY GAMES?

\$6 PER PERSON!

We reserve the right to limit stays to 3 hours

LET'S GET STARTED



APPETIZERS & SNACKS

QUESADILLA

Your choice of buffalo chicken, tofu or bbq pulled pork prepared with mozzarella, salsa fresca, and served with sour cream

11.5

SALSA & CHIPS v

A bowl of our house-made salsa fresca, served with tortilla chips

11 Share with 2 to 3 friends
Gluten Friendly

THE DICE BOWL

Our take on nuts and bolts, with pretzels, Goldfish, Ritz, Smarties, Gummy Worms and Cheerios baked with our signature blend of seasonings, and tossed with popcorn

9 Share with 2 to 3 friends

POPCORN v

White Cheddar, Dill Pickle, Buffalo, Cinnamon Sugar, or Butter Salt

4 Share with 2 friends

9 Share with 3 to 6 friends
Gluten Friendly

3 CHEESE SPINACH & ARTICHOKE DIP

A delicate blend of spinach and artichoke hearts mixed with cream and 3 cheeses and finished off with parmesan and green onions. Served with flatbread and chips to dip

14 Share with 3 to 4 friends

VIETNAMESE SALAD ROLLS v

2 rice paper wraps filled with rice vermicelli, pickled vegetables, cucumber, cilantro, walnut vinaigrette, sunflower and sesame seeds

8

add braised pork for **2.5**

Gluten Friendly

PEROGY POUTINE

Mini potato and cheddar perogies, cheese curds smothered in gravy and topped with green onions

9.5

add pulled bbq pork, chicken or bacon for **2.5**

EDAMAME v

Served hot, seasoned and tossed with coarse salt and black pepper

7 Share with 2 to 3 friends

Gluten Friendly

HUMMUS & FRESH VEGGIES v

House-made roasted garlic hummus with an assortment of fresh cut vegetables

13 Share with 2 to 3 friends



SANDWICHES, WRAPS & BURGERS

Comes with your choice of side soup, or baked potato wedges. Our ciabattas and burger buns are baked locally at Tall Grass Prairie Bread Company. Substitute side salad, add **2.5**

BOARD GAME CLUB

Roasted chicken, bacon, tomato, sautéed onions, iceberg lettuce, grated Bothwell cheddar, and a honey dill mayo

14

BANH MI

Braised pork, Sriracha mayo, pickled vegetables, cucumbers, cilantro and sesame seeds

14

CHICKEN CAESAR WRAP

Romaine, House Caesar Dressing, chicken, bacon, parmesan and croutons

13

VEGETABLE & HUMMUS WRAP

House-made roasted garlic hummus, bell pepper, sautéed mushrooms, tomato, red onion, cucumber and romaine all in a flour tortilla

13

BOWLS

CHICKEN ALFREDO

Roasted chicken, spaghetti, Alfredo sauce, capers, sundried tomatoes, sautéed mushrooms, garnished with fresh parmesan and parsley

14

KING OF TOKYO NOODLE BOWL

Rice vermicelli, braised pork, miso broth, with sautéed onions and mushrooms and sesame seeds, topped with Sriracha and a fresh salad of cabbage, pickled vegetables, cucumbers and cilantro

14 **Gluten Friendly**

THE CLASSIC BURGER

A 6oz house-made certified angus beef burger patty, mustard mayo, sautéed mushrooms, dill pickles, tomato, iceberg lettuce, and cheddar cheese

14

add bacon for **2.50** add over hard egg **1.5**

PORTABELLA MUSHROOM BURGER

Portabella mushroom cap, roasted with garlic butter, Dijon mayo, romaine, pickled vegetables, cucumbers, and cheddar cheese

14

GRILLED CHEESE

Sharp cheddar cheese, sandwiched between sourdough rye bread with garlic butter

10

add chicken or bacon for **2.50**



SESAME GARLIC STIR FRY

Sautéed cabbage, carrots, onions, mushrooms, tofu, rice noodles, all in a sesame garlic sauce, topped with sesame seeds and green onions

14

upgrade Tofu to chicken or braised pork for **2.5**

Gluten Friendly

MAC & CHEESE

A classic blend of gorgonzola, parmesan and cheddar cheeses combined with macaroni and topped with seasoned, crushed tortilla chips, and green onion

14

add bacon, roasted chicken, bbq pulled pork or ground beef for **2.5**

SOUP & SALAD

SOUP OF THE DAY

Soup made with love, served with a toasted Tall Grass ciabatta

7

CAESAR SALAD

Romaine, Manitoba bacon, house dressing, topped with croutons and parmesan

12 **Gluten Friendly**

SPLENDOR SALAD

Romaine, red peppers, cucumber, and red onion all tossed with house-made walnut vinaigrette and garnished with toasted walnuts, dried cranberries, and feta cheese

12 **Gluten Friendly**

SOUP, SALAD & BREAD

Soup of the day, your choice of side salad, and a Tall Grass cibatta

10

add roast chicken or braised tofu to your salad for **4.50** upgrade to garlic toast for **1.50**

PIZZA!

ALL PIZZAS ARE MADE ON A 10" HOUSE-MADE CRUST

CANADIAN

Pizza sauce, mozzarella, local pepperoni and bacon, mushrooms, garnished with parmesan and fresh basil

14

MEDITERRANEAN VEGGIE

Pizza sauce, mozzarella, feta, artichoke, mushrooms, capers, sundried tomato, garnished with chimichurri sauce

14

BBQ CHICKEN & MUSHROOM

House BBQ sauce, roasted chicken, sautéed mushrooms, bell pepper and mozzarella cheese garnished with green onions

14

TACO

Ground beef, caramelized onions, mozzarella and cheddar cheese, all garnished with shredded lettuce, tomatoes and Frank's RedHot sauce

14

KID'S MENU

12 and under all served with vegetable sticks

KID'S BURGER

A 3oz certified angus beef patty with lettuce, ketchup and cheese on a Tall Grass bun

7

MINI MAC

Our classic mac & cheese bowl made half as big

7

CHEESE QUESADILLA

Mozzarella and salsa fresca served with sour cream

7