

<u>Gluten Friendly/Vegetarian/Vegan</u>				
<u>Menu Items</u>	<u>GF</u>	<u>Vegetarian</u>	<u>Vegan</u>	<u>Notes</u>
Chicken Quesadilla	X	X	X	
Pork Quesadilla	X	X	X	
Tofu Quesadilla	X	✓	X	
Cheese Quesadilla	X	✓	X	
Salad Rolls	✓ *	✓	✓	*Inform Kitchen of Gluten Allergy
Perogy Poutine	X	X	✓	
Slider Platter	X	X	X	
Edamame	✓ *	✓	✓	*Inform Kitchen of Gluten Allergy
Brushetta	X	✓	✓ *	*ONLY VEGAN WITH NO CHEESE
Salsa And Chips	✓	✓	✓	*Inform Kitchen of Gluten Allergy
Dice Bowl	X	X	X	
12 Sided Dice Bowl	X	X	X	
3 Cheese Spin Dip	✓ *	✓	X	*Sub Flatbread for Chips
Hummus & Veg	✓ *	✓	✓	*Inform Kitchen of Gluten Allergy
Popcorn	✓ *	✓	✓	*Inform Kitchen of Gluten Allergy
Chicken Alfredo Flatbread	X	X	X	
Veggie Delight Flatbread	X	✓	X	
Banh Mi Flatbread	X	X	X	
Steak&Cheese Flatbread	X	X	X	
Social Pizza	X	X	X	
Spicy Italian	X	X	X	
Canadian	X	X	X	
Med Veg	X	✓	✓ *	*No Cheese Makes it Vegan
BBQ Chicken	X	X	X	
Taco	X	X	X	
Caesar Salad	✓ *	✓ *	X	GF:No Bread/Vegetarian: No Bacon
Splendor Salad	✓ *	✓	✓ *	GF:No Bread/Vegan:No Feta
Board Game Club	X	X	X	
Banh Mi	X	X	X	

